The Expression Everyone Has Heard

“What goes around comes around” is a phrase I live by. This is a phrase that everyone has heard at least once in his or her life. Some have heard it after being mean to some kid while they are young. Some have heard it from a stranger, and some just have heard it as a common expression. I personally have never seen karma in some life changing way. I have always seen it happen in small ways where your friend’s bike breaks because he was making fun of yours. That has been enough to see that the expression “What goes around comes around” is true in some way, even if karma doesn’t exist.

Yes, I said it, what if karma isn’t real. There are murderers and thieves out there that have gotten away with their crimes. People get away with horrible things and can live their entire life without guilt, punishment, or without any regrets. So Karma, whether it is real or not, it still effects how other people live their daily lives.

I know that I have become a better person because of the idea of karma. A couple days ago I was dirt biking with a couple of my friends and one of them got his truck stuck while trying to leave. Working together between me and a stranger we pulled out my friends truck from the creek. We used the strangers strap to pull out my friend though and that had busted at the end and he needed a strap to tie down his dirt bike. So I looked in the back of my truck and saw one extra strap. I gave it to him knowing I would never see that strap again. Each time I think of that situation though I am proud of what I did, and I know that he is grateful that I gave him that strap. Doing small acts like that knock over the first domino to cause a chain reaction of good deeds.

My belief, real or not, no matter whom or where I heard it from, is part of my life. It has formed me to be who I am and I am happy that it has. It makes me do the small deeds that help out someone else and not just me.